# **Accountability Questions**

Adapted from "Man in the Mirror" by Patrick Morley

## **INTRODUCTION**

When meeting with your mentor or accountability partner, each gives permission to the other to ask any of the following questions. In order for this to be valuable, both individuals must be committed to honesty, trust and confidentiality. Without these, there is no accountability. But with them, this time of questions can be tremendously helpful in a person's daily life and growth.

We recommend that at the first accountability meeting that you both verbally commit to the following:

- Giving the other person permission to ask any of the questions below, without taking offense
- Responding with honest answers, not ducking the admission of your failures or giving superficial answers.
- Not lying when you answer.
- Asking key questions of the other person—Not being afraid to ask the hard questions.
- Probing when you hear answers that seem inadequate or evasive.
- Be willing to confess your sins and failures and your deceptions.

## **QUESTIONS TO ASK**

Select from the following list a subset of questions each week to ask the other man. Obviously you will not be able to cover all of these each time. The goal is cover them all over time. But there will be some that focus in on specific areas of struggle.

#### Starting Off:

- How has God blessed you this week? (What went right?)
- What problem consumed your thoughts this week? (What went wrong?)

## **Spiritual:**

- Have you read God's Word daily? (How long? Why not?)
- Describe your prayers (for yourself, for others, praise, confession, gratitude)
- How is your relationship with Christ changing?
- How have you been tempted this week? How did you respond?
- Do you have any unconfessed sin in your life? Are you walking in the Spirit?
- Did you worship in church this week? (Was your faith in Jesus strengthened? Was He honored?)
- Have you shared your faith? In what ways? How can you improve?

## **Home Life:**

- How is it going with your wife? (attitudes, time, irritations, disappointments, progress, her relationship with Christ)
- How is it going with the kids? (quantity and quality of time, values and beliefs, education, spiritual welfare)
- How are your finances doing? (debts, sharing, saving, stewardship)

## Work Life:

- How are things going on the job? (career progress, relationships, temptations, workload, stress, problems)
- What problem consumed your thoughts this week? (What went wrong?)

## **Critical Concerns**

- Do you feel in the center of God's will? Do you sense His peace?
- What are you wrestling with in your thought life? Is your moral and ethical behavior what it should be?
- What have you done for someone else this week? (the poor, encouragement, service).
- Are your priorities in the right order? How are you doing in your personal high-risk area?
- Is the "visible" you and the "real" you consistent in this relationship?